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Diet-induced obesity mediated by the JNK/DIO2 signal transduction pathway

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The cJun N-terminal kinase (JNK) signaling pathway is a key mediator of metabolic stress responses caused by consuming a high-fat diet, including the development of obesity. To test the role of JNK, we examined diet-induced obesity in mice with targeted ablation of Jnk genes in the anterior pituitary gland. These mice exhibited an increase in the pituitary expression of thyroid-stimulating hormone (TSH), an increase in the blood concentration of thyroid hormone (T4), increased energy expenditure, and markedly reduced obesity compared with control mice. The increased amount of pituitary TSH was caused by reduced expression of type 2 iodothyronine deiodinase (Dio2), a gene that is required for T4-mediated negative feedback regulation of TSH expression. These data establish a molecular mechanism that accounts for the regulation of energy expenditure and the development of obesity by the JNK signaling pathway.

[Keywords: DIO2; JNK; obesity; pituitary gland; thyroid hormone]

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Human obesity is a serious health problem that is associated with increased mortality arising from a number of complications, including cardiovascular and kidney disease, diabetes, and some forms of cancer (Flegal et al. 2013). It is therefore alarming that the worldwide incidence of human obesity is rapidly increasing (World Health Organization Consultation on Obesity 2000). The design of potential therapeutic interventions to address this problem requires knowledge of the molecular mechanisms that contribute to obesity.

The cJun N-terminal kinase (JNK) signaling pathway (Davis 2000) is implicated in the development of obesity (Sabio and Davis 2010). Indeed, obesity is associated with increased JNK activity in human omental adipose tissue (Bashan et al. 2007). Obesity-induced JNK activation is mediated, in part, by free fatty acids (FFAs) that activate the mixed-lineage protein kinase pathway (Jaeschke and Davis 2007; Gadang et al. 2013; Kant et al. 2013). The mechanism of FFA signaling may involve G-protein-coupled receptors (Talukdar et al. 2011) or nonreceptor mechanisms (Holzer et al. 2011) that cause activation of the tyrosine kinase Src in lipid raft domains of the plasma membrane (Holzer et al. 2011).

Hyperphagic and high-fat diet (HFD) models of obesity in mice demonstrate activation of the JNK pathway (Hirosumi et al. 2002). Importantly, JNK deficiency prevents the development of obesity in these mouse models (Hirosumi et al. 2002). Tissue-specific gene ablation studies indicate that JNK in peripheral tissues (adipose tissue, liver, muscle, and myeloid cells) does not influence obesity development (Sabio et al. 2008, 2009, 2010b; Han et al. 2013). In contrast, a central function of JNK is required for obesity development (Sabio and Davis 2010). Studies using mice with Nestin-cre-mediated ablation of floxed Jnk1 in the brain demonstrate that JNK deficiency causes increased energy expenditure that prevents obesity (Belgardt et al. 2010; Sabio et al. 2010a). This analysis indicates that JNK-mediated suppression of energy expenditure is critically required for obesity development (Sabio and Davis 2010).

The mechanism of JNK-mediated regulation of energy expenditure is unclear. The hypothalamic–pituitary–thyroid (HPT) hormone axis has been implicated in the JNK-mediated energy expenditure response (Sabio and Davis 2010). However, relevant molecular targets of the JNK signaling pathway have not been described. Here we identify the type 2 iodothyronine deiodinase (Dio2) gene...
as a target of JNK signaling that negatively regulates the HPT axis. We show that consuming a HFD causes JNK activation, increased Dio2 gene expression, and decreased HPT axis-mediated energy expenditure. JNK inhibition prevents DIO2-mediated negative feedback regulation of the HPT axis, increases energy expenditure, and reduces obesity. Together, these data identify the Dio2 gene as a critical target of the JNK signaling pathway that regulates energy expenditure and obesity.

**Results**

The pituitary gland is an essential component of the endocrine axis that regulates thyroid hormone signaling because it is the source of thyroid-stimulating hormone (TSH), a glycoprotein hormone that regulates the endocrine function of the thyroid gland. The potential role of the pituitary gland in JNK-mediated obesity development is intriguing. To test JNK function, we established mice with targeted ablation of the ubiquitously expressed Jnk1 and Jnk2 genes using the glycoprotein hormone α subunit (Cga) promoter to drive expression of Cre recombinase in the anterior pituitary gland. Genotype analysis demonstrated ablation of the Jnk1 and Jnk2 genes in the anterior pituitary gland of Cre+ Jnk1LoxP/LoxP Jnk2LoxP/LoxP mice (PDT1,J2 mice) ([Supplemental Fig. S1]). No defects in JNK expression in other tissues were detected ([Supplemental Fig. S1]). Microscopic examination of the pituitary gland demonstrated that JNK deficiency did not cause marked changes in morphology ([Fig. 1A; Supplemental Fig. S2]). Feeding a HFD to control mice (PWT mice) caused robust activation of JNK in the anterior pituitary gland but not in PDT1,J2 mice ([Fig. 1B]). These data establish that PDT1,J2 mice represent a model that can be used to test the role of HFD-induced JNK activation in the anterior pituitary gland.

**JNK in the anterior pituitary gland promotes obesity and insulin resistance**

We examined the body mass of PWT and PDT1,J2 mice when fed a normal chow diet (ND) or a HFD for 16 wk. No significant difference in total body mass was detected in ND-fed mice, but the JNK-deficient mice exhibited markedly decreased body mass compared with PWT mice when fed a HFD ([Fig. 1C]). These changes in body mass were not associated with changes in body length ([Supplemental Fig. 1B]). The decreased body mass was largely accounted for by reduced fat mass ([Fig. 1D]). Adipokine expression ([Supplemental Fig. S3B]), adipocyte hypertrophy ([Fig. 1E; Supplemental Fig. S3A]), and adipose tissue...
infiltration by macrophages [Fig. 1E,F; Supplemental Fig. S3C] were suppressed in HFD-fed P\textsuperscript{ΔJ1,ΔJ2} mice compared with HFD-fed P\textsuperscript{WT} mice. JNK deficiency in the anterior pituitary gland also suppressed HFD-induced hepatic steatosis [Supplemental Fig. S4] and brown fat cell hypertrophy [Fig. 2A]. Indeed, brown fat mass in HFD-fed mice was significantly reduced in P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice [Fig. 2B]. Together, these data implicate HFD-induced JNK activation in the anterior pituitary gland [Fig. 1B] as a signaling mechanism that controls the development of obesity [Fig. 1C].

Obesity is a major contributor to the development of prediabetes, including impaired glycemia and insulin resistance [Kahn et al. 2006]. We therefore anticipated that defects in obesity would lead to improved glucose metabolism in P\textsuperscript{ΔJ1,ΔJ2} mice. Indeed, P\textsuperscript{ΔJ1,ΔJ2} mice showed improved glucose and insulin tolerance [Fig. 3A,B], reduced hyperglycemia [Fig. 3C,D], reduced hyperinsulinemia [Fig. 3E], and reduced islet hypertrophy [Fig. 3F,G] compared with P\textsuperscript{WT} mice. Moreover, the HFD-fed P\textsuperscript{ΔJ1,ΔJ2} mice showed improved insulin-stimulated AKT activation in adipose tissue, liver, and skeletal muscle [Fig. 3H]. It is likely that these phenotypes are a consequence of the reduced obesity of P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice [Fig. 1].

\textbf{Pituitary gland JNK decreases energy expenditure and promotes obesity}

We performed metabolic cage analysis to examine mechanisms that might account for the reduced obesity of HFD-fed P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice. These studies demonstrated that the physical activity and the amount of food eaten by P\textsuperscript{WT} and P\textsuperscript{ΔJ1,ΔJ2} mice were similar, but energy expenditure by HFD-fed P\textsuperscript{ΔJ1,ΔJ2} mice was significantly greater than that of HFD-fed P\textsuperscript{WT} mice [Fig. 4]. These data indicate that increased energy expenditure is a major contributor to the resistance of P\textsuperscript{ΔJ1,ΔJ2} mice to HFD-induced obesity.

\textbf{The JNK1 and JNK2 isoforms exhibit partial functional redundancy}

To examine the relative contributions of the JNK1 and JNK2 isoforms, we investigated the effect of feeding a HFD to mice with ablation of \textit{Jnk1} or \textit{Jnk2} only [P\textsuperscript{ΔJ1} and P\textsuperscript{ΔJ2} mice] in the anterior pituitary gland. This analysis demonstrated that HFD-fed P\textsuperscript{ΔJ1} mice, P\textsuperscript{ΔJ2} mice, and P\textsuperscript{WT} mice exhibited similar HFD-induced obesity, glucose and insulin tolerance, energy expenditure, and food consumption [Supplemental Figs. S5, S6]. These data contrast with studies of P\textsuperscript{ΔJ1,ΔJ2} mice [Figs. 1–3] and indicate that JNK1 and JNK2 play partially redundant roles in the anterior pituitary gland.

\textbf{JNK regulates the expression of pituitary hormones}

A major function of the anterior pituitary gland is the production of hormones that regulate metabolism and reproduction. The blood concentration of growth hormone [GH] and adrenocorticotrophic hormone [ACTH; a component of the pituitary–adrenal axis] was similar in P\textsuperscript{WT} and P\textsuperscript{ΔJ1,ΔJ2} mice, but a modest increase in the blood concentration of the reproductive hormones follicle-stimulating hormone [FSH] and luteinizing hormone [LH] was detected in the blood of P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice [Supplemental Fig. S7]. The relevance of these changes to the development of obesity is unclear. However, the increased blood concentration of TSH in P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice [Fig. 5A] may contribute to the resistance of P\textsuperscript{ΔJ1,ΔJ2} mice to HFD-induced obesity.

We found increased amounts of TSH [Fig. 5B] and increased expression of Tshb mRNA [but not Cga (Tsha) mRNA] in the anterior pituitary gland of P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice [Fig. 5C]. The increased amount of blood TSH [Fig. 5A] was associated with an increased concentration of thyroid hormone (T3 and T4) in the blood of HFD-fed P\textsuperscript{ΔJ1,ΔJ2} mice compared with HFD-fed P\textsuperscript{WT} mice [Fig. 5A]. Indeed, increased thyroid hormone-dependent gene expression was detected in the liver and brown adipose tissue of P\textsuperscript{ΔJ1,ΔJ2} mice compared with P\textsuperscript{WT} mice [Fig. 2C; Supplemental Fig. S4D]. Together, these data indicate that JNK deficiency in the pituitary gland increases the thyroid hormone signaling axis.

\textbf{Thyroid hormone mediates the effects of pituitary JNK deficiency on obesity}

To test the role of thyroid hormone on the resistance of P\textsuperscript{ΔJ1,ΔJ2} mice to HFD-induced obesity [Fig. 1], we examined the effect of propylthiouracil (PTU), a drug that inhibits
thyroperoxidase and reduces thyroid hormone production by the thyroid gland [Björkman and Ekholm 2000]. Treatment of mice with PTU reduced the circulating concentration of T4 [Supplemental Fig. S8]. No significant differences in blood T4 concentration were detected between PTU-treated pWT and p311,12 mice [Supplemental Fig. S8]. We found that PTU prevented the resistance of p311,12 mice to HFD-induced obesity [Figs. 6A,B] and also prevented the improved hyperglycemia and glucose tolerance of HFD-fed p311,12 mice [Figs. 6C,D]. These data indicate that the thyroid hormone pathway is required for the resistance of p311,12 mice to HFD-induced obesity.

Pituitary JNK deficiency promotes TSH expression

The increase in Tshb expression detected in JNK-deficient pituitary glands could be mediated by increased positive regulation or by decreased negative regulation. We therefore examined changes in positive and negative regulation of Tshb expression in pWT and p311,12 mice.

Tshb expression is positively regulated by the transcription factors Gata2 and Pou1f1 and negatively regulated by the thyroid hormone receptor Thrβ [Gordon et al. 1997; Abel et al. 1999]. Comparison of the anterior pituitary glands of pWT and p311,12 mice demonstrated no significant differences in the expression of the Gata2, Pou1f1, and Thrβ transcription factors [Supplemental Fig. S9], although we cannot exclude the possibility that JNK alters the activity of one or more of these transcription factors. Tshb expression is also positively regulated by hypothalamic expression of thyrotropin-releasing hormone (TRH) that binds receptors (TRHR) on thyrotrophs. No significant difference in the anterior pituitary expression of TRH was detected between pWT and p311,12 mice fed an ND or a HFD (16 wk) were stained with an antibody to insulin. DNA was stained with DAPI [blue]. Bar, 150 μm. The relative area of islets in pancreatic sections is presented as the mean ± SEM; n = 20. (**) P < 0.01; (***) P < 0.001.

Figure 3. JNK-mediated obesity causes insulin resistance. (A,B) The effect of consuming a HFD [16 wk] on glucose tolerance (A) and insulin tolerance (B) was examined (mean ± SEM; n = 8–12). Significant differences between pWT and p311,12 mice were detected. [*] P < 0.05; [**] P < 0.01; [***] P < 0.001. (C,D) The blood glucose concentration in mice fasted overnight [C] or fed ad libitum [D] was measured (mean ± SEM; n = 20). [*] P < 0.05; [**] P < 0.01. [E] The blood insulin concentration in mice fasted overnight was measured (mean ± SEM; n = 20). [***] P < 0.01. [F,G] Sections of the pancreas of pWT and p311,12 mice fed an ND or a HFD (16 wk) were stained with an antibody to insulin. DNA was stained with DAPI [blue]. Bar, 150 μm. The relative area of islets in pancreatic sections is presented as the mean ± SEM; n = 5–6. [*] P < 0.05. Representative extracts were also examined by immunoblot analysis using antibodies to aTubulin [Tub.], AKT, and phospho-AKT [pSer473 and pThr308].
Reduced negative regulation represents a potential mechanism that contributes to increased TSH expression detected in \( p^{\text{a11,j2}} \) mice compared with \( p^{\text{wT}} \) mice. A major mechanism of negative regulation of \( Tshb \) expression in the pituitary gland is mediated by T3 (Silva and Larsen 1977). The bioavailability of T3 is critically controlled by the thyroid hormone transporter \( Slc16A2 \) (Visser et al. 2011) and \( Dio \) genes (Bianco and Larsen 2005). Indeed, \( Dio2 \) is critically required for prohormone T4 conversion to biologically active T3 (Bianco and Kim 2006), and \( Dio3 \) plays a key role in signal termination by converting T3 to inactive reverse T3 (Bianco and Larsen 2005). Increased \( Tshb \) expression by \( p^{\text{a11,j2}} \) mice may therefore be caused by increased expression of \( Dio3 \) or reduced expression of \( Slc16A2 \) or \( Dio2 \). However, a comparison of \( p^{\text{wT}} \) and \( p^{\text{a11,j2}} \) mice demonstrated no significant differences in the expression of \( Slc16A2 \), \( Dio1 \), and \( Dio3 \), but JNK deficiency caused markedly reduced \( Dio2 \) gene expression [Figs. 5C, 7A]. These data indicate that \( Dio2 \) may contribute to the effects of JNK on TSH expression by thyrotrophs.

**JNK regulates Dio2 gene expression**

\( Dio2 \) gene expression is induced by activating protein 1 (AP1) transcription factors (Canettieri et al. 2008). This is...
Differences between PWT and P

No significant differences between PWT and P

of PTU-treated mice was examined (mean SEM; n = 7–10). No significant differences between PWT and P31,12 mice were detected. P > 0.05. [B] The fat and lean mass of PTU-treated ND-fed and HFD-fed (16 wk) mice were measured by 1H-MRS analysis [mean ± SD; n = 7–10]. No significant differences between PWT and P31,12 mice were detected. P > 0.05. [C] The effect of consuming a HFD (16 wk) on glucose tolerance of PTU-treated mice was examined [mean ± SEM; n = 8–12]. No significant differences between PWT and P31,12 mice were detected. P > 0.05. [D] PTU-treated PWT and P31,12 mice were fed an ND or a HFD (16 wk). The blood glucose concentration in mice fasted overnight or fed ad libitum was measured [mean ± SEM; n = 7–12]. P > 0.05.

Discussion

The JNK signaling pathway is activated in response to metabolic stress. Recent studies have demonstrated that JNK activation caused by consuming a HFD contributes to two different metabolic responses: the development of insulin resistance and obesity (Sabio and Davis 2010). These two responses represent separate targets of the JNK signaling pathway. Thus, tissue-specific gene ablation studies indicate that JNK in peripheral tissues is required for HFD-induced insulin resistance but not obesity (Sabio and Davis 2010). In contrast, a central function of JNK to regulate energy expenditure is required for HFD-induced obesity (Sabio and Davis 2010).

The effects of JNK on insulin resistance may be mediated by phosphorylation of target proteins, including the insulin receptor adapter protein IRS1 (Aguirre et al. 2000). However, the mechanism of central JNK signaling that regulates energy expenditure and obesity is unclear.

Studies of mice with JNK deficiency in the brain have identified the HPT axis as a potential mediator of JNK signaling (Belgardt et al. 2010; Sabio et al. 2010a). It was found that JNK deficiency in the brain caused increased energy expenditure that was dependent on the HPT axis (Sabio and Davis 2010). However, the molecular targets of JNK that mediate the effects of HFD-induced JNK activation on the HPT axis have not been defined.

Hypothalamic TRH acts on thyrotrrophs in the anterior pituitary gland that respond by secreting TSH, a glycoprotein hormone that stimulates the thyroid gland to increase thyroid hormone production. In obese mice, the adipokine leptin acts on the hypothalamus to increase TRH-mediated TSH expression (Nilnli et al. 2000; Perello et al. 2010). TRH also promotes TSH glycosylation and
bioactivity [Weintraub et al. 1989; Magner 1990]. The resulting increase in thyroid hormone production is limited by thyroid hormone-mediated feedback inhibition of TRH and TSH expression [Silva and Larsen 1977; Segerson et al. 1987]. The HPT axis is therefore subject to complex regulatory control by neuronal innervation together with hormones and adipokines. Indeed, regulation of the HPT axis by diet-induced obesity may involve changes in TRH expression, TSH expression and bioactivity, and the amount of thyroid hormone in the blood.

To test JNK function in the anterior pituitary gland, we established mice with targeted ablation of the ubiquitous expressed Jnk1 and Jnk2 genes using the Cga promoter to drive expression of Cre recombinase. The P\textsuperscript{J1,J2} mice were found to be resistant to HFD-induced obesity (Fig. 1). This reduced obesity was caused by increased energy expenditure [Fig. 4] and was dependent on the HPT axis (Fig. 6).

The discovery of increased TSH and thyroid hormone in the blood of HFD-fed P\textsuperscript{31,12} mice compared with HFD-fed P\textsuperscript{WT} mice [Fig. 5] was surprising because it is established that thyroid hormone causes profound negative feedback regulation of both hypothalamic TRH and pituitary TSH production [Silva and Larsen 1977; Segerson et al. 1987]. TRH expression was reduced in HFD-fed P\textsuperscript{31,12} mice compared with HFD-fed P\textsuperscript{WT} mice, consistent with negative feedback regulation by thyroid hormone [Supplemental Fig. S10]. However, TSH expression by HFD-fed P\textsuperscript{31,12} mice was increased [compared with HFD-fed P\textsuperscript{WT} mice] despite reduced hypothalamic TRH expression [Supplemental Fig. S10] and increased amounts of thyroid hormone in the blood [Fig. 5]. This observation suggests that the primary phenotype of HFD-fed P\textsuperscript{31,12} mice is failure of the negative regulation of TSH expression by thyroid hormone. Indeed, P\textsuperscript{31,12} mice were found to be resistant to T4-mediated negative feedback regulation of TSH production (Fig. 8). This defect in negative regulation contributes to increased HPT axis function in HFD-fed P\textsuperscript{31,12} mice compared with HFD-fed P\textsuperscript{WT} mice.

It is established that the inhibition of TSH production caused by thyroid hormone requires the Dio2-dependent intracellular conversion of the prohormone T4 to biologically active T3 [Bianco and Kim 2006]. Dio2 gene ablation prevents T4-mediated inhibition of TSH expression.
Collectively, these data indicate that JNK-promoted obesity is mediated in part by HFD-induced JNK activation in the anterior pituitary gland, increased expression of the JNK target gene Dio2, increased negative feedback regulation of TSH production, and reduced energy expenditure. We cannot exclude the possibility that additional JNK target genes play important roles. Other factors may also contribute to the phenotype of P\(^{\text{Jnk1LoxP/LoxP}}\)\(^{\text{Jnk2LoxP/LoxP}}\) mice, including changes in TRH-regulated TSH bioactivity. Moreover, our analysis does not exclude contributing roles for inflammatory cytokines, hormones, and adipokines. Indeed, the reduced inflammation detected in P\(^{\text{Jnk1LoxP/LoxP}}\)\(^{\text{Jnk2LoxP/LoxP}}\) mice [Fig. 1E,F, Supplemental Fig. S3] may contribute to improved glycemia [Han et al. 2013]. Altered inflammation may also influence thyroid gland function by changing the expression of thyrotropin, thyroperoxidase, and the Na\(^+\)/I\(^-\) symporter [Velez et al. 2006; Nicola et al. 2009; Nazar et al. 2012]. Nevertheless, our data establish that Dio2 is a key JNK target gene in the anterior pituitary gland that contributes to obesity.

We speculate that Dio2 may play a similar role in the regulation of TRH expression by hypothalamic JNK [Sabio and Davis 2010]. Mice with JNK deficiency in the brain exhibit increased hypothalamic TRH expression despite increased amounts of thyroid hormone in the blood [Sabio and Davis 2010]. The T4-mediated negative feedback pathway that represses neuronal TRH expression requires nonneuronal cells that express Dio2, including tanyocytes [Kakucska et al. 1992; Rodriguez et al. 2005; Fekete and Lechan 2007]. A working hypothesis for future studies is that increased hypothalamic TRH expression detected in mice with JNK deficiency in the brain [Sabio and Davis 2010] is mediated by loss of JNK function in tanyocytes, reduced Dio2 expression, and, consequently, reduced T4-mediated feedback inhibition of neuronal TRH expression.

Conclusions

We identify the Dio2 gene as a key target of the JNK signaling pathway during the development of obesity. Consuming a HFD causes JNK activation in the anterior pituitary gland, increased Dio2 gene expression, decreased energy expenditure, and the development of obesity. Disruption of JNK signaling in the anterior pituitary gland increases energy expenditure and suppresses obesity. Together, these data identify a molecular mechanism that contributes to JNK-dependent development of obesity in response to feeding a HFD.

Materials and methods

Mice

We previously described \(\text{Jnk}^{1\text{LoxP/LoxP}}\) mice [Das et al. 2007], \(\text{Jnk}^{2\text{LoxP/LoxP}}\) mice [Han et al. 2013], and \(\text{Rosa-Cre}^{\text{ERT}}\) \(\text{Jnk}^{1\text{LoxP/LoxP}}\) \(\text{Jnk}^{2\text{LoxP/LoxP}}\) mice [Das et al. 2007]. \(\text{CS7BL/6}\) mice [stock no. 000664], \(\text{Rosa-Cre}^{\text{ERT}}\) mice [stock no. 00487] [Badea et al. 2003], and \(\text{Cga-Cre}\) mice [stock no. 004426] [Cushman et al. 2000] were obtained from The Jackson Laboratory. The mice were backcrossed to the \(\text{CS7BL/6}\) strain (10 generations) and housed in a facility accredited by the American Association for Laboratory Animal Care [AALAC]. The mice were genotyped by PCR analysis of genomic DNA [Das et al. 2007; Han et al. 2013]. All studies were performed using male mice (8–24 wk old). \(\text{Rosa-Cre}^{\text{ERT}}\) \(\text{Jnk}^{1\text{LoxP/LoxP}}\) \(\text{Jnk}^{2\text{LoxP/LoxP}}\) mice were treated with 1 mg of tamoxifen [Sigma] by intraperitoneal [i.p.] injection once each day for five consecutive days. Male mice (8 wk old) were fed a ND or a HFD [Iso Pro 3000] [Purina] and F3282 [ Bioserve, Inc.] for 16 wk. Whole-body fat and lean mass were noninvasively measured using \(\text{1H-MRS}\) [Echo Medical Systems]. The animal studies were approved by the Institutional Animal Care and Use Committee of the University of Massachusetts Medical School.

Primary cell culture

Anterior pituitary cells were established in primary culture [Koenig et al. 1984]. Briefly, pituitaries were removed from tamoxifen-treated \(\text{Rosa-Cre}^{\text{ERT}}\) \(\text{P}^{\text{WT}}\) and \(\text{Rosa-Cre}^{\text{ERT}}\) \(\text{Jnk}^{1\text{LoxP/LoxP}}\) \(\text{Jnk}^{2\text{LoxP/LoxP}}\) mice [12–16 wk old]. The posterior and intermediate lobes were discarded. The anterior pituitaries were digested in HBSS containing 1 mg/mL trypsin, 2 mg/mL collagenase, and 1 mg/mL DNase for 30 min at 37°C. Digested pituitary glands were washed and triturated in DMEM/F12 supplemented with 10% charcoal-stripped FBS [Invitrogen]. The single-cell suspension was then plated onto poly-D-lysine-coated 24-well plates [Life Technologies]. The cells were harvested for analysis after 24 h in culture.

RNA analysis

The expression of miRNA was examined by quantitative PCR analysis using a Quantstudio PCR machine [Life Technologies]. TaqMan assays were used to quantitate \(\text{Ctg2}\) [Mm00441242_m1], \(\text{cFos}\) [Mm00487425_m1], \(\text{cJun}\) [Mm00495062_s1], \(\text{Cga}\) [Mm00443258_m1], \(\text{Emr1}\) [Mm00495088_s1], \(\text{En1}\) [Mm00548953_s1], \(\text{Gata2}\) [Mm00492301_m1], \(\text{Gltsl}\) [Mm00436615-m1], \(\text{Jnk1}\) [Mm00495144_m1], \(\text{Jnk2}\) [Mm00444231_m1], \(\text{JunB}\) [Mm00492781_s1], \(\text{JunD}\) [Mm00495088_s1], \(\text{Ldhb}\) [Mm00493146_m1], \(\text{Leptin}\) [Mm00434759_m1], \(\text{Pou1f1}\) [Mm00476852_m1], \(\text{Slc16a2}\) [Mm00486204_m1], \(\text{Spot14}\) [Mm01273967_m1], \(\text{Thrb}\) [Mm00437044_m1], \(\text{Thr}\) [Mm01963590_s1], \(\text{Tshr}\) [Mm00443262_m1], \(\text{Tshb}\) [Mm00437190_m1], and \(\text{Tfna}\) [Mm00443258_m1]. The relative mRNA expression was normalized by measurement of the amount of 18S RNA in each sample using TaqMan assays [catalog no. 4308329, Life Technologies].

Immunoblot analysis

Tissue extracts were prepared using Triton lysis buffer [20 mM Tris at pH 7.4, 1% Triton X-100, 10% glycercol, 137 mM NaCl, 2 mM EDTA, 25 mM β-glycerophosphate, 1 mM sodium orthovanadate, 1 mM phenylmethylsulfonyl fluoride, 10 mg/mL aprotonin and leupeptin]. Extracts [20–50 μg of protein] were examined by protein immunoblot analysis by probing with antibodies to AKT, phospho-Thr308 AKT, and phospho-Ser473 AKT [Cell Signaling]; \(\text{cJun}\) [Santa Cruz Biotechnology]; \(\text{Jnk}\) [Pharmigen]; and α-Tubulin [Sigma]. Immunocomplexes were detected using the Odyssey infrared imaging system [LI-COR Biosciences].
changes of ethanol (100%). The samples then were treated with water and dehydrated through a graded ethanol series (10%, and then post-fixed (1 h) in 1% (w/v) osmium tetroxide in the same fresh fixative overnight at 4°C with 2.5% glutaraldehyde for 30 min at room temperature and in washed with 0.1 M sodium cacodylate buffer (pH 7.2) and fixed as described for transmission electron microscopy and

**Blood glucose** was measured with an Ascensia Breeze 2 glucometer (Bayer). Adipokines, cytokines, pituitary hormones, and insulin in plasma were measured by multiplexed ELISA using a Luminex 200 machine (Millipore). T3 and T4 in plasma were measured using an ELISA kit (Calbiotech). Free T4 was measured using a kit purchased from Leinco Technologies.

**Glucose and insulin tolerance tests**

Glucose and insulin tolerance tests were performed by i.p. injection of mice with 2 g/kg glucose or 0.5 U/kg insulin using methods described previously [Sabio et al. 2008].

**Treatment of mice with thyroid hormone**

Mice were treated (16 wk) with PTU in the drinking water (cherry-flavored Kool-Aid supplemented without [Control] or with 1.2 mM PTU [Sigma]. The mice were injected i.p. with saline [solvent control] or thyroid hormone (30 μg/kg T3 or 10 μg/kg T4). The amount of TSH in the blood prior to injection and at 5 h post-injection was measured by ELISA.

**Analysis of tissue sections**

Histology was performed using tissue fixed in 10% formalin for 24 h, dehydrated, and embedded in paraffin. Sections (7 μm) were cut and stained using hematoxylin and cosin [American Master Tech Scientific]. Paraffin sections were stained with an antibody to F4/80 [Abcam], insulin [Dako], perilipin [Abcam], phosphoJNK [Cell Signaling], and TSHβ [a gift from Dr. A. Parlow, National Institute of Diabetes and Digestive and Kidney Diseases]. The primary antibodies were detected by incubation with anti-guinea pig Ig, anti-rat Ig, or anti-rabbit Ig conjugated to Alexa Fluor 488 or 633 [Life Technologies]. DNA was detected by staining with DAPI [Life Technologies]. Fluorescence was visualized using a Leica TCS SP2 confocal microscope equipped with a 405-nm diode laser. Islet area was determined by dividing total β-cell area (marked by staining with insulin antibodies) by the pancreatic area per section using ImageJ64 software. Hepatic steatosis was examined using sections (7 μm) prepared from tissue frozen in O.C.T. compound [Tissue-Tek] and staining with Sudan black [American Master Tech Scientific].

**Electron microscopy**

Transmission electron microscopy was performed using tissue washed with 0.1 M sodium cacodylate buffer (pH 7.2) and fixed with 2.5% glutaraldehyde for 30 min at room temperature and in the same fresh fixative overnight at 4°C. The tissue was rinsed (10 min) in 0.1 M sodium cacodylate buffer (pH 7.2) three times and then post-fixed [1 h] in 1% (w/v) osmium tetroxide in distilled water. The fixed tissue was rinsed in double-distilled water and dehydrated through a graded ethanol series (10%, 30%, 50%, 70%, 85%, and 95% for 20 min each) before two changes of ethanol (100%). The samples then were treated with two changes of propylene oxide and with a propylene oxide/SPI- Pon 812 resin mixture (1:1). On the following day, three changes of fresh SPI-Pon 812 resin were performed before the samples were polymerized at 68°C in flat embedding molds. The epoxy blocks were cut and mounted on blank epoxy stubs with a drop of superglue. Ultrathin sections were cut on a Reichert-Jung ultramicrotome using a diamond knife. The sections were collected and mounted on copper support grids, contrasted with lead citrate and uranyl acetate, and examined using a FEI Tecnai 12 BT electron microscope with 80 kV accelerating voltage. Images were captured using a Gatan TEM CCD camera.

Scanning electron microscopy was performed using tissue fixed as described for transmission electron microscopy and washed three times in the same fixation buffer. The samples were then dehydrated through a graded series of ethanol (10%, 30%, 50%, 70%, 85%, and 95% for 20 min each) before two changes of ethanol (100%) and then critical point-dried in liquid CO2. The dried samples were mounted onto aluminum stubs with carbon tape, carbon-coated (10 nm), and then sputter-coated (8 nm) with Au/Pd [80/20]. The specimens were examined using a FEI Quanta 200 FEG MK II scanning electron microscope at 5 kV accelerating voltage.

**Statistical analysis**

Differences between groups were examined for statistical significance using the Student’s t-test or analysis of variance (ANOVA) with the Fisher’s test.

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**References**


JNK signaling promotes obesity